



Christ & Trinity Lutheran Church

Monthly Newsletter

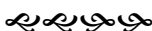
March 2024

"Arise, shine; for your light has come, and the glory of the LORD has risen upon you."
Isaiah 60: 1

Christ & Trinity Lutheran Church
2101 W. 32nd St.
Sedalia, MO 65301
660-826-8764
trin4sed@gmail.com
christandtrinitylutheran.com



Sunday School:
2nd and 4th Sundays: 10:00 am
Sunday Worship: 11:00 am
Weds. Bible Study: 7:00 pm



Pastor:
The Rev. Anne Meredith Kyle
annemeredithkyle@gmail.com

Council Officers:
Andrea Eppenauer, President
Jason Ohare, Vice President
Pr. Anne Kyle, Secretary
Tricia Wehrman, Treasurer

Church Secretary:
Kay Strouse



Church Office Hours:
Monday-Thursday 10:00 am-2:00pm
Closed on Fridays

From Pastor Anne

Lent Means Spring

The season of Lent always begins during the winter, and in this part of the world, we can expect an Ash Wednesday that is cold and wintery. Even when Lent starts later, it still begins in winter. The word lent comes from the old English word *lencten* which means *spring*, and also means to make longer. All through our season of Lent the days become longer and, for me, the change is noticeable. By March 1st we will have 38 more minutes of daylight than we did on Ash Wednesday.

We move with the seasons from the cold and dark of winter and into the warmth and light of the new spring. Our time in Lent mirrors the time of preparation and early growth in the new garden. The soil is turned, seedlings are started in the house or in a cold frame, and the earliest veggies, peas, are planted in late February. The tiny seeds will break apart in the soil and only then will they be able to grow into something new and wonderful (and delicious).

Lent is a season of penitence and fasting and preparation. It is a time when we let ourselves break apart as a way to find our own new growth. Just as the garden soil must be turned and the tiny seed must break open, we also need a season of turning and of breaking ourselves open. We do this by looking inward, with prayer and study, and with self-examination, and together in worship with Word and Sacrament. Lent is both a personal journey and a journey made in fellowship with others.

On Ash Wednesday I shared this invitation - *I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting and self-denial; and by reading and meditating on God's holy Word.* This is how we prepare and plant our seeds of faith as Christian persons, and all of this takes us through a season of growing anticipation and hope, until, refreshed by this season, we greet the resurrection of Christ with our glad shouts of *Alleluia!*

Faithfully, *Pastor Anne*



Pastor Anne will offer laying on
of hands and prayers for healing
on Sunday, March 3rd
following worship.

Lenten Soups and Devotions

Our Wednesday weekly Bible study sessions are adding an in-person option with soup and fellowship during the Lenten season. Lenten soups and study will be held in the fellowship hall on Wednesdays through March 20. Soups will be served beginning at 6:15 pm with a Bible Study beginning 7 pm. A Zoom option will also be offered for those that prefer to visit from your home. The Zoom link is the same that is used each Wednesday, or contact Pastor Anne or Andrea for details.

Our Lenten study will be *Living our Baptism - 5 Promises and Gifts of Discipleship*. This study draws from the Episcopal and Lutheran traditions for baptism and our baptismal liturgies.

A sign-up sheet to provide soups, sides, and desserts each week will be available in the church fellowship hall or by clicking this link:

<https://docs.google.com/document/d/163EdAOW92JO9YwM7cSPIsIBlendJ7yitvGy3OK9H374/edit?usp=sharing>

We hope to see you there!

Young Christians' Weekend

The LYO is planning a trip to Branson for the Young Christians' Weekend event April 5-7. This event takes place at Silver Dollar City, where thousands and thousands of church youth groups gather to ride, play, laugh, and worship together. Andrea has reserved some tickets; please contact her if you would like to participate. They will travel to Branson on Friday evening and return after lunch on Sunday.

Keeping a Holy Lent

Worship for Lent and Holy week will be shared with Calvary. We meet for soup and study each Wednesday at 6:15 pm through March 20th. Maundy Thursday Eucharistic Meal will be held here on March 28th at 6:00 pm.

Calvary will host Stations of the Cross on Good Friday (March 29th) at noon. Tenebrae Worship for Good Friday will be held here at 7:00 pm.



Easter Lily Signup

The sign-up sheet for Easter flowers is now in the fellowship hall. Lilies are \$13.50 each; hyacinth or tulips are \$15 each. Please indicate on the form your choice of flower and the person you are honoring.

Make checks payable to “Christ and Trinity” and place them in the secretary’s mailbox. **Deadline to sign up is March 10.**

News from the Church Council

Betty Barnes and Elda Bryson are working on our annual audit, truly a gift to the congregation. Lenten Soup and Study has begun and continues through March 20th. The Synod Assembly will be June 6-8 in Olathe, KS. Lenten offerings will support the LYO trip to Young Christians Weekend.



Sunday School for the LYO class and for the children will meet on the second and fourth Sundays of each month. We will meet at 10:00 am for Bible study, discussion, and activities. This month we meet on March 10th and 24th. See you there!

Ladies Shared Bible Study

CT and Calvary ladies will meet on Thursday, March 7th. Our Bible Study will be held from 2-3:00 pm. All are welcome! Bring a friend! If you need a copy of the Bible study, see Pastor Anne.

Attention Church Committees:
Please submit your end-of-the-year reports to the secretary for the Annual Report – deadline March 17.



Palm Sunday

March 24 - 11:00 a.m.

**We will wave our palms, shout *Hosanna!*
and share in reading the Passion Gospel Narrative.**

Maundy Thursday

6:00 p.m. at Christ and Trinity

**We will share a Eucharistic Meal
with our friends from Calvary
followed by the solemn stripping of the altar.**

Good Friday

12:00 noon at Calvary Episcopal
Stations of the Cross

~~~

7:00 p.m. at Christ and Trinity

**We will have a Tenebrae-style worship,  
including an opportunity to place our sins  
on the cross.**

## Easter Day

March 31 - 11:00 a.m.  
at Christ and Trinity

**Christ is Risen! He is Risen Indeed!  
Come and celebrate on this triumphant day!  
Invite your family and friends!  
We will collect the Lenten Offering  
for our LYO to fund Young Christians' Weekend.**

~~~

**An Easter Egg Hunt for the little ones
will follow worship.**

Maundy Thursday Eucharistic Meal

6:00 – 8:00 pm

On the night before he died for us, Jesus shared a meal with his friends. On Thursday March 28th we will meet in the fellowship hall for a Eucharistic Meal. This event is both a festive dinner party and worship with Holy Communion. We will sing hymns, hear the word of God, pray, and make Eucharist. Our Episcopal friends from Calvary and beyond are eager to join us, and music will be provided by the Ensemble. After dinner we will form a procession into the sanctuary for the solemn stripping of the altar in preparation for Good Friday. The congregation will take the worship home with them by leaving in silence.

We will enjoy a three-course dinner with appetizers, lasagna, salad, rolls, and dessert. Our meal will be served by a trained volunteer kitchen staff who will attend to our every need.

You are welcome to invite friends and family. **Please use the sign-up sheet** in the fellowship hall to let Pastor Anne know that you are coming, as an accurate head count is needed. Children and Youth of all ages will enjoy this event and are encouraged to join us. Please make note of any food allergies to help in menu planning.

Good Friday

March 29th at 7:00 pm

We will observe Good Friday with a Tenebrae-style worship including an opportunity to place our sins on the cross. All are invited to this moving worship service.

Come Home to Christ and Trinity for Easter Day!

Easter is on Sunday March 31st. We will share a festive worship service and help our little ones hunt for Easter eggs. Please be sure to invite family and friends to worship and join us as we celebrate Christ's resurrection!



ANNOUNCEMENTS

The 2024 Phone/Address Directory is available in the fellowship hall. Contact Kay if you would like a copy sent electronically.

Pastor Anne will be on vacation
April 1 – 7.

We will collect the Noisy Offering
for ELCA World Hunger on
Sunday, March 31.
Bring your coins and make some noise!

Feed the Hungry Sunday is
on Sunday, March 31.
We are collecting canned vegetables
this month.

Pr. Anne is offering Facebook Live
Prayer and Devotions
Monday-Thursday at 8 am
on her Facebook page.

This month the local benevolence
offering will be given to ChildSafe.

April newsletter items are due
to the secretary by
Thursday, March 18th.

Thank You

The Mardi Gras pancake lunch and BINGO game was well received. Thank you to all who attended and donated to the freewill offering. \$128 was given to the LYO.



We collected 148 cans of soup (110 lbs.) for this year's SouperBowl of Caring drive. All donations were given to the Open Door Food Pantry. Thank you!

Synod Assembly

The Central States Synod Assembly will be held in-person on June 6-8. Christ and Trinity is eligible for 2 voting delegates. If you would like to attend, please talk to Pastor Anne.

Help with the Eucharistic Meal

Please see the sign-up sheet in the Fellowship Hall if you would like to provide one of the items for the meal. We will need brownies, banana bread, rolls, and items for appetizers (nuts, olives, grapes). You may also buy a frozen lasagna or give funds for the purchase of food. Set up is on March 27th. See Pr. Anne for the time.



Volunteers Needed!

Volunteers are needed to help mow the church grounds. There is a mowing schedule on the bulletin board in the fellowship hall. All of the equipment is here at the church – we just need your time and willingness. Please sign up if you can help.

Candy Donations for Easter Egg Hunt

We will have an Easter egg event following worship on March 31st. A box for candy donations will be placed in the fellowship hall.

A Single Thought: Although our God transcends time and eternity, He is very precise in His timing.
John Utley



Prayer Requests:

Floyd Hatfield, Helen Ewing, Patty Kelley, Connie Shoemaker, Paula Merten, Dean Desilet, Richard Dean, Angela, Ryan and Marissa, Aston and Asher, Rick Morrison, Gerald Hunton, Curt Jeter, Carol Benner, Deb Williams, Matt Stull, Gwen Eppenauer.

Continue to pray for our home-bound members: Louise Harms, Sandra Graf, Sally Lynn, Colin Ward, Nadine Fingland, Marene Levin, Val Hoon, and Marian Ehlers.

Let us also remember Getayawckal Ariaya from Ethiopia, and Mouniratou from Burkina Faso; and those who serve our country in the armed services, peace corps and missions.



MARCH Birthdays

- 7 Patrick Robinson
- 11 Chaz Satnan
- 13 Val Hoon
- 14 Sandy Graf
- 14 Riley Wehrman
- 16 Glen Ewing
- 28 Julie Willadsen
- 29 Barbara Freund

Anniversaries

- 9 Patrick & Angela Robinson
- 25 Rusty & April Ream

If your birthday or anniversary
is missing from this list,
please contact the church office.



Move your clocks forward one hour before you go to bed on Saturday March 16th. Yawn...

Readings for the Sundays in March

March 3 – 3rd Sunday in Lent

- Exodus 20: 1-17
- Psalm 19
- 1 Corinthians 1: 18-25
- John 2: 13-22

March 10 – 4th Sunday in Lent

- Numbers 21: 4-9
- Psalm 107: 1-3, 17-22
- Ephesians 2: 1-10
- John 3: 14-21

March 17 – 5th Sunday in Lent

- Jeremiah 31: 31-34
- Psalm 51: 1-12
- Hebrews 5: 5-10
- John 12: 20-33

March 24 – Palm Sunday

- Mark 11:1-11
- Isaiah 50:4-9a
- Psalm 31:9-16
- Philippians 2:5-11
- Mark 14:1 – 15:47

March 28 – Maundy Thursday

- Exodus 12: 1-14
- Psalm 116: 1, 10-17
- 1 Corinthians 11: 23-26
- John 13: 1-17, 31b-35

March 29 – Good Friday

- Isaiah 52: 13 – 15: 12
- Psalm 22
- Hebrews 10: 16-25
- John 18: 1 – 19: 42

March 31st – Easter Day

- Isaiah 25: 6-9
- Psalm 118:1-2, 14-24
- Acts 10:34-43
- John 20:1-18